

HOUSING ACCESSIBILITY CHECKLIST

Maintaining a Healthy Environment & Safe Home

Maintaining a home independently can feel rewarding, but also overwhelming at times. Creating a safe, accessible, and manageable living environment means recognizing what tasks are realistic, where support may be helpful, and how your needs may change over time.

Whether living alone, with family, or with roommates, clear communication, planning, and thoughtful adaptations can help create a healthier and more supportive home environment.

Why a Safe & Accessible Home Matters



Promotes Independence

Supports safer and more comfortable independent living.



Prevents Safety Risks

Helps identify barriers before they become dangerous or overwhelming.



Encourages Communication

Creates opportunities to discuss needs with roommates, caregivers, landlords, or agencies.

HOUSING ACCESSIBILITY CHECKLIST

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Entry & Access

☐

Ramps or level access

☐

Wide doorways

☐

Elevator or stair lift

☐

Automatic door openers

☐

All buttons for elevators / doors are reachable



Bathroom

☐

Roll-in shower

☐

Grab bars

☐

Adapted sink

☐

Shower chair

HOUSING ACCESSIBILITY CHECKLIST



Kitchen

☐

Accessible counter height

☐

Reachable appliances

☐

Pull-out shelves



Bedroom

☐

Space for assistive devices

☐

Emergency access

☐

Safe bed height



Environment

☐

Close to healthcare

☐

Access to public transport

☐

Nearby community services